

## Headache

### Deadly Dozen

1. SAH
2. Meningitis/encephalitis
3. Tumor/mass/abscess
4. Acute closure glaucoma
5. Temporal arteritis
6. Carbon monoxide
7. Preeclampsia/eclampsia
8. Hypoglycemia
9. Hydrocephalus
10. Hypertensive encephalopathy
11. Cavernous sinus thrombosis
12. Epidural/subdural hematoma
13. Stroke

### Headache Causes

1. Migraine
2. Trigeminal neuralgia
3. Zoster
4. Cluster headache
5. Ice Cream headache
6. Caffeine withdrawal
7. NSAID withdrawal
8. Narcotic withdrawal
9. Dehydration
10. Tension headache
11. Sinusitis
12. Nitroglycerine headache
13. Pheochromocytoma
14. TMJ syndrome
15. Hypertension
16. Post-concussive headache
17. Post-coital headache
18. Eye strain
19. Post-lumbar puncture headache
20. Cervical strain
21. Pseudotumor cerebri
22. Cough headache
23. hypoxia
24. High altitude cerebral edema
25. Carotid artery dissection
26. Iritis
27. Optic neuritis

28. Otitis media
29. Post ictal heachache
30. Odontogenic causes
31. MAO inhibitors
32. Toxoplasmosis
33. Viral meningitis

### Red Flag Associated Symptoms/Signs

1. Syncope
2. Sudden onset
3. Elderly
4. Fever
5. Seizure
6. Altered Mental Status
7. Visual change
8. Eye pain
9. Neck stiffness
10. Pregnant
11. Hypertension
12. Hyperreflexia
13. Focal neurological examination

### Workup

1. CT
2. MRI
3. MRV
4. LP
5. IOP
6. ESR
7. UA
8. Pregnancy test
9. Accucheck
10. Shunt series
11. CO level